



Announcing USDF Dressage Development Lunging Seminar

Date: February 7, 2026

Times are approximate

8:00 AM start at **6802 Laird Road, Loomis CA**

Lunging the horse lecture

9:45am break

10am-11:30 2 lunging the horse demonstrations

Lunch break 11:30-12:30

12:30 pm Lunging the rider lecture

2:15 break

2:30-4:15 2 lunging the rider demonstrations

4:15 wrap up discussion

**There will be bodyworker giving 15 minute massages
cost to audit is free, and includes lunch!**

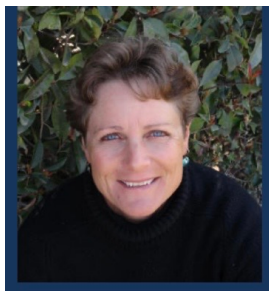
Sponsored by Marcia Smith

Join us for engaging discussions and live demonstrations!

Questions? Contact Michele Ng at 916.505.6974

Heidi Chote is a USDF Gold medalist, 4th Level Certified, faculty for the Instructor/Trainer Program, 'L' Program Graduate with 40 years teaching & training biomechanics supported dressage, & has studied Learning Theory in both horses & people.

Bill McMullin is a Gold medalist, popular clinician and USDF 'S' judge with a well rounded dressage education and foundation in teaching, judging and training



Why would I lunge my horse?

- Training a young horse
- Supplementing a training program
- Improving conformational short-comings
- Re-training a horse from other disciplines
- Exercising a horse that can't be ridden
- Preparing for work in hand



What would lunging my horse improve?

- Muscle tone and condition
- Development of top-line
- Balance and suppleness

Don't miss this opportunity to expand your knowledge and network!